

A DESCRIPTIVE STUDY ON THE CLINICAL PROFILE OF BENIGN BREAST DISEASES

ABSTRACT:

Benign breast diseases(BBDs) are twelve times more common than the malignant conditions of the breast. By far BBDs have been a largely overlooked entity in our country despite the fact that these conditions place significant physical and psychological stresses on the affected women. With increasing awareness about breast cancers in the community in recent times there have been a significant increase in female patients presenting with complaints pertaining to the breast in our general surgery outpatient clinics. As we are in a unique position to evaluate such patients we have endeavoured to conduct a study on the clinical profile of Benign Breast Diseases in our tertiary care hospital. We hope to analyse the BBDs in terms of age, parity, side and quadrant wise distribution as well as the accuracy of clinical diagnosis versus histopathological diagnosis.

KEYWORDS:

Benign breast diseases, fibroadenoma, fibroadenosis, mastalgia, breast lump, breast pain.